

CERTIFICATE

OF PARTICIPATION

This is to certify that

Oupa Mongwe

Has successfully participated & completed the

32km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

TIME 03:30:17

PACE 06:33/km

OVERALL 208 of 438

26 October 2019, Sat

GENDER 182 of

303

40+ 61 of 105

ber 2019, Sat

Signature